



# PROGRAM PLANNING GUIDE

ID:

Name: \_\_\_\_\_

## Bachelor of Arts

### Urban and Regional Studies



Urban & regional studies (URS) delves into the physical, social, economic and political factors that shape our cities. It looks at the role of planning to manage dynamic forces of change such as immigration, global warming, aging populations, energy conservation, congestion, urban forests, homelessness and smog, to name just a few. As a URS student at the University of Lethbridge, you will learn to approach contemporary development challenges from various frames of reference.

#### What determines my program requirements?

Please refer to the Academic Calendar ([www.ulethbridge.ca/ross/academic-calendar](http://www.ulethbridge.ca/ross/academic-calendar)) for complete program information.

**Calendar Year:** 2024/2025 - Your calendar year is set to the academic year you are admitted (or readmitted) and you should follow the requirements for that year for the duration of your program.

**Faculty/School:** Faculty of Arts and Science ([www.ulethbridge.ca/artsci](http://www.ulethbridge.ca/artsci))

**Program(s):** Bachelor of Arts

**Major(s):** Urban and Regional Studies

**Minor:** A defined set of courses, designed to provide depth in a particular discipline, study in an interdisciplinary area, or focus on a theme-related topic. To learn more about optional minors see [www.ulethbridge.ca/ross/minors](http://www.ulethbridge.ca/ross/minors).

#### Am I admissible to this program?

**Admission:** [www.ulethbridge.ca/ross/admissions/undergrad](http://www.ulethbridge.ca/ross/admissions/undergrad)

**Transfer:** [www.ulethbridge.ca/ross/transfer-resources](http://www.ulethbridge.ca/ross/transfer-resources)

#### When/How do I apply to the University?

**Deadlines:** [www.ulethbridge.ca/ross/admissions/undergrad/deadlines](http://www.ulethbridge.ca/ross/admissions/undergrad/deadlines)

**Step-by-Step:** [www.ulethbridge.ca/ross/admissions/step-by-step](http://www.ulethbridge.ca/ross/admissions/step-by-step)

#### Where can I find information on courses?

**Course Catalogue:** [www.ulethbridge.ca/ross/courses](http://www.ulethbridge.ca/ross/courses)

**Registration Guide:** [www.ulethbridge.ca/ross/registration-guide](http://www.ulethbridge.ca/ross/registration-guide)

#### When can I register for classes?

**Register early!** (March for Summer and Fall; November for Winter)

**Registration Dates:** [www.ulethbridge.ca/ross/registration-dates](http://www.ulethbridge.ca/ross/registration-dates)

#### How can I enhance my program?

**Career Bridge:** [www.ulethbridge.ca/career-bridge](http://www.ulethbridge.ca/career-bridge)

**Co-op Education:** [www.ulethbridge.ca/career-bridge/co-operative-education](http://www.ulethbridge.ca/career-bridge/co-operative-education)

**Honours Thesis:** [www.ulethbridge.ca/ross/undergraduate-thesis](http://www.ulethbridge.ca/ross/undergraduate-thesis)

**Double Major:** [www.ulethbridge.ca/ross/double-major](http://www.ulethbridge.ca/ross/double-major)

#### What supports are available to students?

**Student Services:** [www.ulethbridge.ca/campus-life/student-services](http://www.ulethbridge.ca/campus-life/student-services)

**Student Success Centre:** [www.ulethbridge.ca/student-success-centre](http://www.ulethbridge.ca/student-success-centre)

**Accessible Learning:** [www.ulethbridge.ca/ross/alc](http://www.ulethbridge.ca/ross/alc)

**Counselling Services:** [www.ulethbridge.ca/counselling](http://www.ulethbridge.ca/counselling)





Required courses and notes

Major Requirements (20 Courses)

- 1. Geography 2535 - Introduction to Planning
2. Geography 4500 - Contemporary Issues and Problems in Planning (Series)

- 3-5. Three of (Introductory Courses):
Anthropology 1000 - The Anthropological Perspective
Economics 1010 - Introduction to Microeconomics
Economics 1012 - Introduction to Macroeconomics
Geography 1000 - Introduction to Physical Geography
Geography 1200 - Introduction to Human Geography
History 1000 - The Western World or History 1200 - World History
Political Science 1000 - Introduction to Political Science
Sociology 1000 - Introduction to Sociology

- 6-7. Two of (Urban Studies):
Anthropology 3280 - Urban Anthropology
Geography 3230 - Urban Social Geography
Geography 3245 - Urbanization in Developing Countries

- 8. One of (Statistical Methods):
Geography 2700 - Geographical Data and Analysis
Sociology 2130 - Quantitative Research Practice
Statistics 1770 - Introduction to Probability and Statistics

- 9. One of (Research Techniques):
Economics 2900 - Economics and Business Statistics
Geography 2735 - Introduction to Geographical Information Science
Political Science 2610 - Introductory Research Methods
Sociology 2100 - Research Methodology
Sociology 3110 - Survey Research
Sociology 3120 - Qualitative Research Methods
Statistics 2780 - Statistical Inference

- 10. One of:
One course (3.0 credit hours) in English at the 1000 level or higher
Writing 1000 - Introduction to Academic Writing

- 11-20. 1 Options (10 courses):
The ten options courses (30.0 credit hours) must draw from at least two and no more than three of the following disciplines. At least six of these courses (18.0 credit hours) must be at the 3000/4000 level.

- Anthropology
Anthropology 2210
Anthropology 3280

- Economics
Economics 2750
Economics 2900
Economics 3010
Economics 3012
Economics 3750
Economics 3950

- Geography
Geography 1200
Geography 2210
Geography 3075
Geography 3230
Geography 3245
Geography 3255

- Geography 3333/Women and Gender Studies 3333
Geography 4240
Geography 4350/Sociology 4350
Additional offerings of Geography 4500

History

- History 2001

Political Science

- Political Science 2210
Political Science 2511
Political Science 3210
Political Science 3250
Political Science 3260
Political Science 3511

Sociology

- Sociology 2010
Sociology 2600
Sociology 3020
Sociology 3050
Sociology 3210
Sociology 3220

Notes

1 Many of the Options courses require prerequisites, thus students should choose courses with this in mind.

A maximum of two courses (6.0 credit hours) chosen from Applied Studies, Independent Study, Series, and Topics courses in any of the above disciplines may be counted toward the Option courses in the major provided (1) they are clearly related to Urban and Regional Studies and (2) they are approved by the Urban and Regional Studies Coordinator.

Electives (20 Courses)

- 21.-40. Twenty additional courses (57.0 credit hours) chosen to complete program requirements

- 21.
22.
23.
24.
25.
26.
27.
28.
29.
30.
31.
32.
33.
34.
35.
36.
37.
38.
39.
40.



**Track completed requirements**

**Liberal Education List Requirement**

Only four courses (12.0 credit hours) in total may be counted from any one discipline toward the Lib Ed Requirement. Disciplines are identified by separate course subject codes. Cross-listed courses count toward the limit for both disciplines (e.g. IGBM 3250/INDG 3250 counts toward the limit for Dhillon School of Business courses and Indigenous Studies).

Only four courses (12.0 credit hours) in total from the Faculty of Education (EDUC), Faculty of Health Sciences (ABHL, ADCS, HLSC, NURS, PUBH, and TREC), and the Dhillon School of Business (ACCT, AGEM, FINC, HRLR, IGBM, IMGT, MGT, and MKTG) may be counted towards the Lib Ed Requirement.

To determine if a course has a Liberal Education designation, see School of Liberal Education in the 2024/2025 University of Lethbridge Undergraduate Calendar, [www.ulethbridge.ca/ross/academic-calendar](http://www.ulethbridge.ca/ross/academic-calendar).

\_\_\_\_\_ **1.-4. List I: Fine Arts and Humanities**

- \_\_\_\_\_ 1. \_\_\_\_\_
- \_\_\_\_\_ 2. \_\_\_\_\_
- \_\_\_\_\_ 3. \_\_\_\_\_
- \_\_\_\_\_ 4. \_\_\_\_\_

\_\_\_\_\_ **5.-8. List II: Social Science**

- \_\_\_\_\_ 5. \_\_\_\_\_
- \_\_\_\_\_ 6. \_\_\_\_\_
- \_\_\_\_\_ 7. \_\_\_\_\_
- \_\_\_\_\_ 8. \_\_\_\_\_

\_\_\_\_\_ **9.-12. List III: Science**

- \_\_\_\_\_ 9. \_\_\_\_\_
- \_\_\_\_\_ 10. \_\_\_\_\_
- \_\_\_\_\_ 11. \_\_\_\_\_
- \_\_\_\_\_ 12. \_\_\_\_\_

**General Requirements**

- \_\_\_\_\_ A minimum of 40 courses (120.0 credit hours) with a GPA of at least 2.00.
- \_\_\_\_\_ A maximum of five Independent Study courses (15.0 credit hours) may be completed for credit towards the degree.
- \_\_\_\_\_ A maximum of five Disciplinary Credit Applied Studies courses (15.0 credit hours) may be completed for credit towards the degree. Students may, in addition, complete Applied Studies 2000, 2001, 2010, and 2011.
- \_\_\_\_\_ A maximum of 24 courses (72.0 credit hours) may be completed from any one discipline for credit towards the degree. Disciplines are identified by a specific course label (e.g. KNES, ASTR, and HIST are separate disciplines).
- \_\_\_\_\_ A maximum of 6.0 credit hours in Activity courses (i.e. courses labelled PHAC and MUSE) may be completed for credit towards the degree, except for Kinesiology majors (not more than 15.0 credit hours) and Music majors (not more than 12.0 credit hours).
- \_\_\_\_\_ A maximum of six courses (18.0 credit hours) from disciplines offered outside the Faculty of Arts and Science, Faculty of Fine Arts, or School of Liberal Education may be completed for credit towards the degree (i.e. labelled ABHL, ACCT, ADCS, AGEM, CDEV, CRED, EDUC, FINC, HLSC, HRLR, IGBM, IMGT, MGT, MKTG, NURS, PUBH, and TREC). Courses cross-listed between the Faculty of Arts and Science and another Faculty or School do not count towards this limit.
- \_\_\_\_\_ Residence requirement: a minimum of 20 courses (60.0 credit hours) must be completed at the University of Lethbridge, including at least 10 courses (30.0 credit hours) from disciplines offered by the Faculty of Arts and Science, Faculty of Fine Arts, or School of Liberal Education at the 3000/4000 level. At least half of the courses required in the major must be completed at the University of Lethbridge.

A **maximum** of 12 courses (36.0 credit hours) may be completed at the 1000 level (or lower) for credit towards the degree, excluding Activity courses (labelled PHAC and MUSE) and courses numbered in the range of 0520 to 0530.

\_\_\_\_\_ **1.-12. Introductory Course Limit**

- \_\_\_\_\_ 1. \_\_\_\_\_
- \_\_\_\_\_ 2. \_\_\_\_\_
- \_\_\_\_\_ 3. \_\_\_\_\_
- \_\_\_\_\_ 4. \_\_\_\_\_
- \_\_\_\_\_ 5. \_\_\_\_\_
- \_\_\_\_\_ 6. \_\_\_\_\_
- \_\_\_\_\_ 7. \_\_\_\_\_
- \_\_\_\_\_ 8. \_\_\_\_\_
- \_\_\_\_\_ 9. \_\_\_\_\_
- \_\_\_\_\_ 10. \_\_\_\_\_
- \_\_\_\_\_ 11. \_\_\_\_\_
- \_\_\_\_\_ 12. \_\_\_\_\_

A **minimum** of 15 courses (45.0 credit hours) from disciplines offered by the Faculty of Arts and Science, Faculty of Fine Arts, or School of Liberal Education at the 3000/4000 level, excluding Activity courses (labelled PHAC and MUSE). Out-of-faculty courses (i.e. labelled ABHL, ACCT, ADCS, AGEM, CDEV, CRED, EDUC, FINC, HLSC, HRLR, IGBM, IMGT, MGT, MKTG, NURS, PUBH, and TREC) will not meet this requirement.

\_\_\_\_\_ **1.-15. Senior Course Requirement**

- \_\_\_\_\_ 1. \_\_\_\_\_
- \_\_\_\_\_ 2. \_\_\_\_\_
- \_\_\_\_\_ 3. \_\_\_\_\_
- \_\_\_\_\_ 4. \_\_\_\_\_
- \_\_\_\_\_ 5. \_\_\_\_\_
- \_\_\_\_\_ 6. \_\_\_\_\_
- \_\_\_\_\_ 7. \_\_\_\_\_
- \_\_\_\_\_ 8. \_\_\_\_\_
- \_\_\_\_\_ 9. \_\_\_\_\_
- \_\_\_\_\_ 10. \_\_\_\_\_
- \_\_\_\_\_ 11. \_\_\_\_\_
- \_\_\_\_\_ 12. \_\_\_\_\_
- \_\_\_\_\_ 13. \_\_\_\_\_
- \_\_\_\_\_ 14. \_\_\_\_\_
- \_\_\_\_\_ 15. \_\_\_\_\_

**Optional Minor:**

For information about minors see **Minors** in the 2024/2025 University of Lethbridge Calendar, [www.ulethbridge.ca/ross/academic-calendar](http://www.ulethbridge.ca/ross/academic-calendar). Consult with an Academic Advisor if you wish to add a minor to your program.

\_\_\_\_\_ **1.-6. Required Courses**

- \_\_\_\_\_ 1. \_\_\_\_\_
- \_\_\_\_\_ 2. \_\_\_\_\_
- \_\_\_\_\_ 3. \_\_\_\_\_
- \_\_\_\_\_ 4. \_\_\_\_\_
- \_\_\_\_\_ 5. \_\_\_\_\_
- \_\_\_\_\_ 6. \_\_\_\_\_



**Recommended Course Sequence**

Shown below is the recommended sequence of courses for your degree. Consult timetables for course offerings, prerequisites, and corequisites before registering each term as some courses may have limited offerings (ie. once a year, alternating years, or only offered in the Fall or Winter terms). Consult with an Academic Advisor in your faculty if you wish to alter this sequence with regard to the specifically listed courses.

**Note that this sequence was prepared based on course scheduling at the time of publication and may change during your studies.**

**First Year**

- One of: English 1900 or Writing 1000
- Core introductory course
- Core introductory course
- Core introductory course
- Options course
- Options course
- Lib Ed Requirement course
- Lib Ed Requirement course
- Lib Ed Requirement course
- Lib Ed Requirement course

**Second Year**

- Geography 2535**
- Core Statistical Methods course
- Core Urban Studies course
- Options course
- Options course
- Lib Ed Requirement course
- Lib Ed Requirement course
- Elective
- Elective
- Elective

**Third Year**

- Core Urban Studies course
- Core Research Techniques course
- Options course 3000/4000 level
- Options course 3000/4000 level
- Options course 3000/4000 level
- Elective 3000/4000 level
- Elective 3000/4000 level
- Elective
- Elective
- Elective

**Fourth Year**

- Geography 4500
- Options course 3000/4000 level
- Options course 3000/4000 level
- Options course 3000/4000 level
- Elective 3000/4000 level
- Elective 3000/4000 level
- Elective 3000/4000 level
- Elective 3000/4000 level
- Elective
- Elective

**Note:** Courses in bold in Years 1 and 2 of the sample sequence are prerequisite(s) for required courses and should be completed early in your program. Students are advised to review the prerequisites for elective courses within the major and plan accordingly.